

Vision

Living with a chronic disease is a daunting reality endured by millions of people all over the world. Knowing there is no cure can be both discouraging and frustrating. We at LymphCast are working hard to give real hope to those suffering from chronic swelling of all kinds.

LymphCast's vision is to serve as a resource and think tank for chronic lymphedema sufferers, and the greater healthcare community. Together, we can bring the mystery of lymphatic disease out of the shadows and help patients live a fulfilling life.

Secondary Lymphedema affects

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in

1000



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Questions?

 lymphcast@gmail.com



A Podcast Raising Awareness About Lymphatic Diseases

*Healing the mind, body, and spirit of
lymphatic disease patients through
the power of conversation.*

Mission

Lymphatic disease is complex set of medical conditions that affects an estimated 10 million Americans.

The LymphCast™ program is a conversation aimed at education and discovery. Our world-class experts, and their guests, aim to enlighten patients and healthcare professionals in understanding these chronic and challenging diseases.

Our ultimate goal is to help people suffering from lymphatic disorders of all kinds to achieve their personal best quality of life through greater awareness, understanding, and treatment. Take a deep dive with us as we discuss and explore the latest in lymphatic research and management. We provide patients with solutions-based approaches as well as a community and a conversation.

Primary Lymphedema affects

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JOHN A. CHUBACK
MD, FACS, RPVI, RVT, RPhS

Dr. Chuback is a Board Certified Cardiovascular Surgeon and a Diplomate of the American Board

of Venous and Lymphatic Medicine. He is also a published personal development author, a U.S. patent holding inventor, and the co-founder of VitasupportMD, a nutraceutical company that produces flavonoid-based dietary supplements that work to promote a healthy vascular and lymphatic system. Dr. Chuback has been in private practice in the New York metro area for the past 20 years and his clinical expertise is focused on caring for patients with venous and lymphatic disorders.

EMILY IKER, MD

A cancer survivor, Dr. Iker was treated for her second bout of lymphoma during her pre-med studies at UCLA. As a result, she unfortunately developed lymphedema in her right leg during her second year of surgical residency. Her daily battles with pain and fatigue inspired her to change her medical specialty from surgery to physical medicine and rehabilitation which she studied at New York Medical College. Her personal experience motivated her to focus on treating patients suffering from lymphatic disorders including lymphedema, Dercum's disease and lipedema. Today, as Founder & Director of The Lymphedema Center in Santa Monica, Dr. Iker leads the field in diagnosis, management, & treatment of lymphatic disorders.



DEBORAH WAITLEY, Ph.D.

Dr. Waitley is nationally recognized for her consultancy in the areas of leadership effectiveness, organizational excellence, performance coaching and change management. Deborah lends her background in psychology to help lymphedema patients manage the psychosocial and emotional burdens of chronic disease by equipping them with the necessary tools, skills, and innovative mindsets to thrive, focusing on short-term productivity boosts, long-term results and sustainability. Dr. Waitley firmly believes in the power of psychosomatic relationships and how instrumental the mind can be in both attitude and healing.



MONIKA GLOVICZKI MD, Ph.D.

Dr. Gloviczki's professional legacy includes extensive clinical research of Micronized Purified Flavonoid Fraction (MPFF), and the development of new

drugs for venous and lymphatic disorders. She has also led numerous projects that involved large international studies, double-blind randomized studies in venous insufficiency, venous ulcers, & lymphedema. She had major contributions to The Handbook of Venous and Lymphatic Disorders and to many other publications. Dr. Gloviczki's expertise in this area of medicine is highly specialized, especially as it pertains to the role of phlebotonics in the management of patients with chronic venous and lymphatic disorders.

M. MARK MELIN

MD, FACS, RPVI, FACCWS



Dr. Mark Melin is a wound care surgeon and passionate educator for wound care, lymphedema and venous ulcer

management. He regularly speaks on the importance of lymphedema and lymphatic dysfunction as an overlooked aspect of wound care and in the field of medicine and surgery as a whole. He has an interest in the endothelial glycocalyx and implications for wound care and general health. He also educates on the correlation of space travel fluid shifts and implications for improving outcomes in the patients with wounds.

PAUL REEVES, Ed.D.

Dr. Reeves spent over 30 years as a principal and teacher within the Michigan Center Public School System. He is a formally trained musician and award-winning Band Director. He is the Founder and Owner of Impact Radio USA which has an audience exceeding 40,000 daily listeners. Paul is the host of multiple radio shows, including Dr. Paul's Family Talk. He lends LymphCast his technical and professional insight in producing our online radio show and podcast. Paul also acts as our program's host as he facilitates compelling and productive conversations between all participants. Dr. Reeve's has a natural instinct for asking probing and insightful questions that keep the conversation moving forward and diving deeper.

